



# LOWESDALE LIAISON

*Lowesdale Public School newsletter*

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**"Individuals can  
make a difference"**

Term 1 Week 11  
9th April 2025

## School Holidays



Term 1 has been an incredibly busy time for both staff and students at Lowesdale Public School.

We kicked off the term on a high note, as our school float entry in the Federation Day Parade won the award for "Best Float."

In early February, all our students participated in the Small Schools Swim Carnival held in Jerilderie. From this event, a team comprising Ned, Charlotte, Bethany, and Dakota was selected to compete at the Finley Zone Swim Carnival in Cobham. Our relay team also advanced to the Riverina Regional Carnival, marking a fantastic achievement.

Additionally, we celebrated Harmony Day with some engaging creative activities in the classroom.



### About Our Class

This term, our class activities have featured a diverse range of engaging experiences, such as cooking that integrates math strategies, Cosmic Yoga to enhance student wellness and mindfulness, and a wealth of wonderful art projects.

Additionally, all students have put in tremendous effort in core subjects, including Literacy, Mathematics, STEM, Science and Geography.

## Cosmic Yoga

This term our students have been participating in Cosmic Yoga for their wellbeing.

It is an engaging approach for children to learn yoga through interactive storytelling.

- **Storytelling and Adventure:** Each session combines exciting tales with yoga poses, making it fun and educational.
- **Physical and Mental Benefits:** Improves flexibility, strength, balance, focus, relaxation, and emotional well-being.
- **Inclusive and Accessible:** Designed for all children, regardless of experience or ability, allowing participation at their own pace.
- **Creativity and Imagination:** Encourages imaginative thinking and narrative skills through storytelling.

Overall, Cosmic Yoga promotes physical activity and valuable life skills, making it a great addition to children's programs or educational curricula.



## Harmony Day

This year the theme for Harmony Day was  
"Harmony - we all have a role to play!"

Our students celebrated the day by creating an artwork symbolizing unity and diversity.

This collaborative project fostered creativity and a deeper understanding of inclusivity.

It engaged the students in meaningful discussions about the importance of empathy and respect in everyday interactions, reminding everyone that our differences are what make us truly unique and stronger together.

It emphasized that differences enhance community strength, leaving a lasting commitment to acceptance and celebrating diversity all year-round.





## Classroom Learning

"This term, we've been studying living things, and one of the main topics has been how plants get their food. We did an experiment to show how plants draw up water through their roots, which travels to the leaves and flowers. This process is essential because it allows plants to photosynthesise and produce glucose, which is the sugar they use for energy. It was really interesting to see how the plants respond to water movement, and it helped us understand the importance of water for the plant's survival and growth."



## STEM Activities





## Upcoming Events

<b>Friday 11 Apr</b> <b>Mufti Day</b> <b>Hot Cross Buns for Breakfast Club</b>	Easter Hat Parade. Commences at 1pm sharp. There will be a parade followed by a Presentation to our new school leaders of their badges. We will then break for BBQ lunch provided by the P&C. After lunch there will be an Easter egg hunt. (Younger siblings welcome to participate in the hunt.)
<b>Friday 25 Apr</b>	ANZAC Day March and Wreath laying (staff and students). All students who are participating in the march need to meet at the Corner of Sanger Street and Church Steet at 10.15pm.
<b>Tuesday 13 May</b>	Healthy Harold excursion to Corowa South PS.
<b>Friday 16 May</b>	Small Schools Cross Country – Urana Aquatic Centre.
<b>Friday 23 May</b>	Biggest Morning Tea
<b>Monday 2 June</b>	Alpha Show – Oaklands Town Hall







## Assembly Awards - Week 11

### Merit Award

Archibald - for improved efficiency in Literacy  
Herbert - for improving at settling into school

### Library Award

Jan- for frequent and enthusiastic library  
borrowing

### Art Award

Daisy for always trying her best in Art



## Student of the Week

Bethany for being a good role model

Bethany has enjoyed doing Art  
this term and likes to play with her baby  
sister on the weekends.





## P & C Report



Invite • Welcome • Connect

This term, our P&C members have been diligently working behind the scenes to support the Lowesdale PS community.

Here are some of the activities we've participated in this term:

- Catering for a clearing sale, which raised \$460.00.
- Planting our wonderful vegetable garden.
- Supporting the Breakfast Club.
- Applying for grants on behalf of Lowesdale Public School.

A heartfelt thank you goes to the Prinsloo family for their efforts in obtaining a school grant from Food Bank Australia for our Breakfast Club supplies. We also appreciate Carol and Kerrie Kuschert for their continuous support of our school gardens, and to Ailsa, who tirelessly works behind the scenes to enhance our school community.



Our next P&C meeting will be on the  
Tuesday 29th April 2025.

We will be organising the Biggest Morning  
Tea at this meeting so please come along to  
support us.

