



LOWESDALE LIAISON

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**"Individuals can make
a difference"**

Term 1 Week 2
7 February 2018

Principal's Message

Welcome back to the 2018 school year. It was lovely to see the children catching up with each other after the holiday break. This year we have 24 students attending Lowesdale Public School. We would like to welcome the six new Kindergarten children to our school. Albie, Dalton, Edie, Harrison, Lucia and Sophie have been settling into school routines. They have completed their Best Start Assessments and have shown a keen interest in school activities. This year we are utilising the library building daily as the K-2 classroom. Mr Bobbin replaces Miss Pfahler and will be the Year 3-6 class teacher.

It is lovely to have Sam and Amber (Sophie's parents) join our school community, along with younger sisters Natalie and Amelia.

We are looking forward to another vibrant year of learning and new experiences in 2018.

If at any time, you have questions or concerns about your child's progress or school activities, please contact the school.

Barbara Strachan
Principal



2018 Staffing

Mrs Strachan *Principal & K-2 Teacher*
Mon- Fri

Mr Glen Bobbin *Teacher 3-6*
Mon- Fri

Ms Susie Scott *Teacher Art K-2 and 3-6*
Tues 2 hours & casual days

Mrs Dale Sharp *School Administration Manager Mon, Tues and alternate Wed*

Mr Terry Sharp *General Assistant 1 day per week*

Mrs Kerrie Kuschert *Cleaner*

Federation Shire Awards

On Australia Day two Lowesdale Public School students were nominated for local shire recognition.

Esther was presented with a sporting award in recognition of her achievements in sport in 2017. Esther represented the school in swimming, cross country and athletics. She was also successfully selected as a member of the 2018 Riverina Dance Troup at the end of year auditions.

Adelaide was presented with an academic achievement award for her results in both school and external academic activities.

Congratulations to Esther and Adelaide on their awards.

Drink Bottles

In the hot weather we are refilling student drink bottles if they are empty.

Thank you for labelling drink bottles and lunch bottles.

Library Day is on Thursdays



Parent and Community Volunteers

We value the partnership that we have with parents and other community members in promoting the best learning environment that we can. Some parents have indicated that they are keen to help with in class activities, such as listening to students read. If you are interested and available to assist in school activities, please contact the school.

P & C - AGM & Term 1 General Meeting

When: Friday 16th February

Time: 3.15pm **Please note slightly earlier start time.**

Where: School

The 2018 P&C committee will be elected and the upcoming clearing sale planned.

Please come along to give your input into the 2018-2020 LPS School Plan. All welcome. Afternoon tea provided.

Dates to Remember Term 1

Fri 9 Feb	Swimming Carnival
Fri 9 Feb	Water Day
Fri 16 Feb	P&C Meeting 3.15pm

Sun Safety Hats

Please ensure that each of your children have a hat. These need to be clearly labelled with your child's name.

Some children are missing out on their playtime trying to find their hat.

New hats can be purchased from Brunella Uniforms in Corowa.

Broad brim hats with logo are \$15.

Initials can be stitched on the back of the hat for extra \$5.

Sport Report

Small Schools Swimming Carnival

This Friday, students in Years 3-6 will travel to Yarrowonga to participate in the Small Schools Swimming Carnival. As well as the competitive race events, students will be involved in novelty events using noodles as floatation devices allowing all students the ability to partake in the day's events.



Thank you to all the parent transport offers: Susie, Sally and Julie will be transporting students and Glen Bobin will be attending.

Students in K-2 will stay at school where Mrs Strachan has organised some water sports for them to participate.

Finley Zone PSSA Boy's Cricket Trials

On Wednesday afternoon, Jonathan and Bradley will travel to Barooga to participate in the Finley Zone PSSA Boys Cricket Trials aiming to be selected in the squad to travel to the Western Riverina Cricket Trials. Good luck Jonathan and Bradley.

Girls Cricket Trials will be held later in the year.

PSSA in 2018

Mr Bobbin attended the first PSSA meeting for 2018 on Monday where he was re-elected as President of the Finley Zone. In this role he will oversee the running of carnivals throughout the year and any zone selection trials. Please do not hesitate in contacting Mr Bobbin if you have any questions about PSSA.

Throughout the year, there will be opportunity for students to trial in cricket, netball, soccer, softball and AFL.

Water Fun Day

This Friday, Infants will be having a water day at school this Friday.

They will need to bring swimmers, a rashie top and some footwear that can get wet, also a towel.



Crunch & Sip Ideas

Children are more likely to enjoy their Crunch & Sip if their produce is fresh and delicious. Choose fruit and veg that are currently in season and that feel firm, smell nice and look appealing.

Did you know that good quality cranberries will bounce when dropped? While we don't want children dropping good fruit on the ground, cranberries are full of Vitamin C, E and fibre so pop them in your child's bag for Crunch & Sip.

Choose fresh fruits & vegetables over dried and tinned varieties for Crunch & Sip. Dried & tinned fruits contain more sugar than fresh fruits so only have those occasionally. Muesli bars, roll ups and fruit leathers have far too much sugar and not enough actual fruit'

Did you know that prunes are dried plums? Choose plums over prunes as they have less sugar and pop them in your shopping basket over February & March when they are at their best. They are sure to be a hit for Crunch & Sip with their juicy, burst of flavour.

A few chopped up pieces of honeydew are a great idea for Crunch & Sip as they are full of Vitamin C, potassium and fibre. Give them to your kids when the flesh is ripe and green in colour as this is when they are at their sweetest.

Choose apricots with a sweet fragrance and a golden to deep orange colour as this is when they are at their sweetest. Let your child know that the carotenes in the apricot will help them see in the dark and they'll be asking for apricots everyday for Crunch & Sip.

Strawberries are always a favourite with children due to their sweet taste. To keep them sweet and looking their best, remove them from their punnets, when you get home, and place them on a paper towel on a plate and cover it with cling wrap.

Cherry tomatoes are great for Crunch & Sip as they can be eaten without creating a mess. Don't make the common mistake of placing them in the fridge, leave them at room temperature until they are very ripe, then place them in the fridge.

Active Kids program

The NSW Government is helping kids get active with the new Active Kids program.

From 31 January 2018, parents, guardians and carers can apply for a \$100 voucher per calendar year for each student enrolled in school.

The voucher may be used with a registered activity provider for registration, participation and membership costs for sport, fitness and active recreation activities.

Frequently asked questions

Who is eligible to claim the voucher?

If you're a parent, carer or guardian, the student will be eligible if they are:

- a NSW resident
- aged between 4.5 and 18 years, and
- enrolled in school (from Kindergarten to Year 12, including those who are home-schooled or enrolled in secondary school education at TAFE NSW).

You can apply for a voucher for each eligible student.

You can use the voucher for registration or membership costs with an approved Active Kids provider.

Things to keep in mind...

Vouchers can only be used:

- one time (if the chosen activity fees are less than \$100, then the remaining balance cannot be used)
- during the calendar year they're issued
- for the person named on the voucher
- for registration or membership fees with approved Active Kids providers.

Vouchers cannot be:

- split between more than one provider or registration (meaning you may not be able to claim the full \$100)
- used for individual items (like jerseys, socks or boots)
- redeemed for cash.

The voucher can be used at any time during the calendar year it was issued.

To use the voucher, give your voucher details to an approved Active Kids Provider.

The program runs year-round, so kids can get active at any time!

To use the voucher, give the details to your registered activity provider.